

SAMPLE LESSON PLANS

Grade 9 - Alcohol, Tobacco or Other Drugs

Unit 3

SOLs:

- **9.1.H** Explain how alcohol and other drugs increase the risk of injury.
- **9.1.I** Analyze the deadly consequences of binge drinking.

Title: Celebrity Death

Objectives/ Goals:

- Students will use the website evaluation tool to <u>evaluate</u> the validity of two websites that contain drug and alcohol information and two that contain information about their celebrity.
- Using the valid information, students analyze the celebrity's susceptibility to injury, illness, or death as a result of the drug use.

Materials:

Slideshow of celebrities

Procedure:

Step 1	To grab the attention of the students, prepare a PowerPoint of celebrities and sample videos of their work, who died as a result of drugs and alcohol. After the power point, students select a celebrity to research.	Essential Questions:
Step 2	 Assign each student one of the <u>dead</u> <u>celebrities</u> to complete the assignment 	
Step 3	Using the <u>website evaluation tool</u> , students will use the website evaluation tool to <u>evaluate</u> the validity of two websites that contain drug and alcohol information and two that contain information about their celebrity. (3.12.1)	
Step 4	Students will <u>research</u> a dead celebrity then assume their "identity" during the Diner portion of the unit to celebrate their achievements and discover how drugs and alcohol contributed to their death.	
Step 5	Provide a <u>tombstone template</u> . Students use the valid drug/alcohol and celebrity information to create the information on the tombstone and share it during the celebrity diner portion of the lesson. See the self-check for details (3.12.1, 1.12.8)	
Step 6	Set up the classroom for a panel discussion. Arrange the seats in a semi-circle. Place two large tables in the front of the circle. Students assume the identity of their celebrity for the entire period. Call six celebrities up at a time. Each celebrity introduces him or herself. Ask questions	Sample questions to ask: (Suggested text) ★ Show a video clip of your work. ★ What was your greatest professional accomplishment? ★ How old were you

	based on the student's research. After each group answers the questions, six new celebrities come to the front. Provide tea, hot chocolate, and animal crackers to give the room a more diner-like feel.	when you died? ★ Tell me about your family. Was there drug or alcohol use in your family? ★ Tell me 5 facts about yourself before you were famous. ★ Tell me about your drug/alcohol use. ★ What facts did you know about your drug/alcohol when you were using it? (3.12.1) ★ Did you think you were susceptible to addiction when you first started using drugs? (1.12.8) ★ What were the circumstances of your death? ★ If you had another chance at life, would it include drugs/alcohol? (3.12.1, 1.12.8) ★ If you were alive today and you were drug and alcohol free, how would your work be different? (3.12.1, 1.12.8)
Step 7	Closure: (Suggested text) For the last few days, we researched many talented people whose lives were cut short due to drugs and/or alcohol. They were talented people and had friends and family who loved them. Now imagine if your life were cut short due to drugs and/or alcohol. Think of the people you would leave behind	1.12.8)

	and the dreams that would never get to come to fruition because your life was cut short. (7.12.3) On your personal tombstone, select a commonly used drug and reflect on healthy	
	ways of coping with drug and alcohol use.	
Step 8	Rubric	

References:

Melanie Lynch, M.Ed. State College Area High School

Mary Connolly, M.Ed. Cambridge College

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Joint Committee on National Health Education Standards. (2007). *National Health Education Standards, Second Edition, Achieving Excellence*. Atlanta: American Cancer Society.